



Invites you to a three-day online workshop

## Psychotherapy of trauma with Brainspotting

### Phase 1

with MARIO C. SALVADOR

on

**February 4<sup>th</sup> – 6<sup>th</sup> 2022, Ljubljana, Slovenia.**

We invite you to a three-day workshop **Brainspotting Phase 1**, which will be held by clinical psychologist and psychotherapist Mario C. Salvador from Spain. The workshop will be held online.

**Brainspotting** is a powerful focused treatment method that works by identifying, processing, and releasing core neurophysiological sources of emotional/body pain, trauma, dissociation, and a variety of challenging symptoms. With Brainspotting, in a safe therapeutic relationship and on a neurobiological basis, we find, determine, process, and release the experiences and symptoms that are usually beyond the reach of the cognitive and language of the conscious mind. Brainspotting is a deep, direct, and powerful therapeutic process, yet focused and safe.

The workshop will focus on practical learning of a method that can be integrated into a variety of therapeutic approaches.

More about Brainspotting: [www.brainspotting.com](http://www.brainspotting.com)

#### **Throughout the workshop participants will:**

- gain an understanding of neurobiology and the psychotherapy of psychological trauma,
- gain an understanding of the basic components of the Brainspotting method,
- learn the theory and practice of Brainspotting,
- learn about the use of the Brainspotting method in work with trauma, dissociation, and somatic conditions,
- learn to use the Brainspotting method in 'difficult' cases and develop positive resources.

## THE TRAINER: Mario C. Salvador



**Mario C. Salvador** is a clinical psychologist with 30 years of experience in working internationally. He is a teacher and supervisor of integrative psychotherapy within the International Integrative Psychotherapy Association (IIPA), a teacher and supervisor of transactional analysis with PTSTA status within the International and European Transactional Analysis Association (ITAA and EATA). He is also a teacher and supervisor of the Brainspotting method and a supervisor of EMDR method (Eye Movement Desensitization and Reprocessing) within the European EMDR Alliance.

Mario C. Salvador is the director of Alecés Institute of Integrative Psychotherapy and Brainspotting Spain. He is the founder and teacher of 'Aleceia Method', '**Professional Development Seminar on Trauma Integration and Reprocessing**' and the president of the Brainspotting International's Spanish Association.

Mario C. Salvador is the author of the book ***Beyond the Self, Healing Emotional Trauma and Brainspotting***, co-author of ***The Power of Brainspotting*** and co-author of other publications in German language, author of several articles on integrating neuroscience in trauma treatment and the use of presence in the healing process. He has published his works in different scientific publications, as in the International Journal of Integrative Psychotherapy.

More on the author Mario C. Salvador: [www.aleces.com](http://www.aleces.com); [www.brainspotting.com.es](http://www.brainspotting.com.es)

## INFORMATION

### The workshop is suitable for:

- practicing psychotherapists and counselors,
- psychotherapists in training.

Participants will receive a **certificate of completed Brainspotting Phase 1**, which is valid for obtaining an international certificate from Brainspotting Training Inc.

The workshop will be held in **English**.

A three-day online workshop will last from **February 4<sup>th</sup> till 6<sup>th</sup> 2022**, from **9:30 AM till 5:30 PM CET**.

**The workshop will be held online.**

## PRICE OF THE WORKSHOP

- The price of the workshop **UNTIL December 16<sup>th</sup>, 2021 is 540.00 EUR.**
- The price of the workshop **FROM December 17<sup>th</sup>, 2021 is 590.00 EUR.**

Please fill out the **Application Form** and pay the **Application fee** in the amount of **250.00 EUR**.

Please send the Application form via e-mail to: [brainspottingslovenia@gmail.com](mailto:brainspottingslovenia@gmail.com)

The price includes the needed material for the workshop (pointer and bilateral music).

For **participants who have already completed the Brainspotting Phase 1** and would like to repeat attendance on level 1, their participation in the workshop is **half-price**.

In case of cancellation of the workshop, we follow the general conditions in the Application Form.

Please make the payment of registration fee to:

**Brainspotting Institute**  
**Cesta v Rozno dolino 11, 1000 Ljubljana**  
**IBAN: SI56 6100 0002 0902 974**  
**BIC: HDELSI22**  
**PURPOSE: Your name and surname, title of the workshop**

**If paying by PayPal, please include in your payment the cost of the transaction.**

## CONTACT

For any further information, please do not hesitate to contact us at:

BRAINSPOTTING INSTITUTE

Institute for Education, Research and Trauma Psychotherapy Brainspotting

**E-mail:** [brainspottingslovenia@gmail.com](mailto:brainspottingslovenia@gmail.com)



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**Trauma Psychotherapy Brainspotting**

